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Website: [www.toftwoodfederation.co.uk](http://www.toftwoodfederation.co.uk)

Follow us on twitter - @ToftwoodFedera1





**Toftwood Infant and Junior School Federation**  
**Executive Headteacher - Mrs Joanna Pedlow**

Newsletter October 2023

### PE information - important

As a staff we have been having discussions about how to make the best use of teaching time in our schools. Linked to this is ensuring every child accesses PE, as a small minority of children consistently forget their PE kits.

**After half term**, from the first week back, we are going to run a half term trial where all children in **Years 1-6** come to school in PE kit on PE days. This should be a school PE kit, which is:

Black school PE shorts (such as can be bought cheaply in supermarkets) No tight cycling shorts etc Sainsbury's - 2 pairs for around £8 Amazon - around £3-4	
A federation blue PE t shirt. This can be bought at Birds (behind Halfords) You do not need to have a logo on it but may if you choose. These cost around £3	
A pair of trainers, preferably black, that support the child's feet and they can put on and off themselves. If they have trainers of a different colour currently, we do not expect you to change them before they grow out of them. Shoe zone sell plain black ones from £9.99	
Plain black jogging bottoms - loose fit, not tight, No logos please. These can be bought cheaply from supermarkets, Sainsbury's do a two pack for £8.	

A **school jumper** should still be worn on top on PE days. Hoodies and other sweatshirts/jumpers are not allowed. Shorts or jogging bottoms can be worn, as in the colder days shorts may not be appropriate. Earrings should be removed.

Children in **Reception** should not come in PE kit, as we want them to learn to be able to dress and undress independently. They should continue to have their PE kit in school. Please ask your child's teacher if you have any questions. We hope this will be a positive move for the children and their learning.

## Adult Learning

Norfolk Adult Learning have a range of courses available for adults, there is a list of the courses below in our area. The courses are free for anyone earning less than £20,319. However if you earn over that and up to £33,955 you can get between 25% and 75% discount.

If you are interested in the courses below and would like to attend the venues shown, please contact

**Pai Masendu, Business Development & Learner Recruitment Officer**

Adult Learning

Tel: 01603 638336 | Mobile: 07450774896

FLEAB0023P	Family First Aid Awareness	09/10/2023	09/10/2023	10:00 AM	12:00 PM	Mon	Watton Library
FLEAB0123P	Family First Aid Awareness	09/10/2023	09/10/2023	1:00 PM	3:00 PM	Mon	Dereham Library
FLEAB0223P	Family First Aid Awareness	11/10/2023	11/10/2023	10:00 AM	12:00 PM	Wed	Swaffham Library
FLEAB0423P	Stay & Play - Helping Your Child to Get Active	12/10/2023	12/10/2023	10:00 AM	11:30 AM	Thu	Dereham Library
FLEAB1123P	Stay & Play - Early Years	19/10/2023	19/10/2023	10:00 AM	11:30 AM	Thu	Dereham Library
FLEAB1323P	Make a Storysack	09/11/2023	07/12/2023	10:00 AM	11:30 AM	Thu	Dereham Library

If we have a group of families interested in doing any courses, Adult Learning can provide the course on a partnership basis where the course will be free for all learners.

If you would be interested in this pathway, can you please email Mrs Knox on [fedadmin@toftwoodfederation.co.uk](mailto:fedadmin@toftwoodfederation.co.uk) and let her know your name, child's class and which courses you would be interested in.

## Friend Indeed

Friend Indeed work with York House care home in Dereham, and the residents would love the opportunity to connect with young people from their community.

The information below may be of interest to any parents/carers with younger children or babies who might be able to attend Little Visitor sessions during term-time.

All the activities are free to attend, suitable for children of all ages and do so much to reduce loneliness in older people.



**Friend in Deed**  
CREATING FRIENDSHIP ACROSS GENERATIONS

All ages welcome

Join our free schemes to spread some joy to the lives of older people in your community

Our schemes include:  
Little Visitors  
Music Sessions  
Community Events  
School Projects  
PenPals

To find out more about Friend in Deed and how you can work with us to promote kindness in your community:

[www.friendindeed.org.uk](https://www.friendindeed.org.uk)

Registered charity number: 1188723

Creating friendship across generations



Make a difference this **Autumn**

We are looking for kind, community minded young people to help us reduce loneliness this half-term

**Friend in Deed**

Children of all ages are invited to attend free 'Little Visitor' sessions that run in care homes across Norfolk. Residents enjoy the chance to chat, interact, play games and spend time with children of all ages. Under 18s must be with an adult.

Follow us on social media: [friendindeednorwich](https://www.facebook.com/friendindeednorwich) [friendindeednorwich](https://www.instagram.com/friendindeednorwich)

### **Parking**

As always, we ask those dropping children off at school to park safely and considerately to ensure the safety of our children and families. The majority of our parents and families do this every day and we are grateful for this. However, a small number of parents/carers continue to park inconsiderately, including on the zig zags.

Sadly we have had an email from a business owner, of Grange Hair and Beauty, on Stone Road who says that on the schools returning he has a problem with people that park in his spaces and from there walk their children to our school. He has confronted them saying this is private parking but reports that he was given 'loads of abuse' and was told 'we can park where we \*\*\*\*\* like'. This is affecting his business and the business next to him. He has contacted the council about this too. He does have registration numbers and photos of the people in question. He has also put signs up and yet people still park there. He has disabled and frail clients that visit him because of the accessibility.

Please do be considerate to those in our community. Please model kindness and respect that we model to the children. Hearing such comments is not acceptable for children or those who receive them.

If you can, please walk. If you can't please be a responsible and considerate driver when you park.

### **Baby News**

You may have noticed Mrs Adams has a baby bump! She is expecting her second baby in December and will leave us in November. We send our congratulations to Mr and Mrs Adams and to her little boy who is looking forward to being a big brother.

Mrs Rathie returns from maternity leave in November and will take over from Mrs Adams. We have a three day gap but have made provision with a known supply teacher for those days. Mrs Rathie is coming in to meet the class before she returns.

### **Sauce for All**

Those of you who follow Twitter will be aware that we had 'saucegate' last week. Alice in RL5 wrote a letter asking for sauce with chips on a Friday. I tweeted this and Alice had the support of many. NORSE, our caterers, saw this and have agreed the children can have sauce on a Friday! This will be across the two schools. Children can have a teaspoonful of sauce in line with school food guidelines and any child with an allergy will have a sachet so there is no possibility of allergens getting in the sauce.

Well done Alice, a masterclass in persuasive writing and a result appreciated by many children.

### **Letters to the King**

Children at the Infants wrote letters to the King on his coronation and last week they received a reply! The letter said how pleased the King was to get all the letters and how he appreciated the children taking their time to contact him.

### **Active Kids Festival**

Some children from Year 2 and Year 4 went to the Active Kids' Festival recently. The children were able to try a range of activities involving throwing, catching, running and moving in different ways. The children worked independently, in pairs and in small groups working on their team work skills. They listened well to the Sports Leaders and enjoyed trying the activities with them. It was lovely to see the children working in mixed year groups and supporting each other.

For a full report and photos, check out the website here:

<https://www.toftwoodfederation.co.uk/news/sports-competitions/29-9-23-active-kids-festival/>

### **KS1 Football Festival**

On Thursday 5th October, 5 children from year 1 and 5 children from year 2 attended Goals in Norwich to represent our federation in a KS1 Football Festival. The event started working on some teamwork skills and then they worked through 4 different football activities.

They practised dribbling, passing and then finished with a match and penalty shoot out!

All of the children thoroughly enjoyed being outside, active and developing their football skills, and had smiles on their faces all day! For many, it was their first time playing in a football match and they have all said they would like to play again.

Well done to everyone that took part!

For a full report and photos, check out the website here:

<https://www.toftwoodfederation.co.uk/news/sports-competitions/autumn-1-2023-ks1-football-festival/>



### Year 2 History Day

On Friday 6th October, it was History Day for Year 2!

The children have been looking at the topic 'Norwich's Past' and have been learning about castles and how they were made and the different parts of them, as well as the different jobs people may have had.

The children were invited to dress up as something historical and we were so impressed with the range of costumes!

We were thrilled to see a range of costumes including knights, maids, jesters and Royal Kings and Queens. Many

children had some wonderful homemade creations too, including swords and shields as well which was great to see.

During the day we were lucky to have a visit from Janet Marshall, focusing on Edith Cavell. Janet talked about Edith's

life and training, and how doctors made their own medicine. The children were able to ask questions and were

particularly interested in how medicine had changed and how the shops were different. The children also worked in

small groups to build a castle out of card, thinking about how to make it stand up, as well as include the different

parts that they had learnt about including a drawbridge!

For a full report and photos, check out the website here:

<https://www.toftwoodfederation.co.uk/year-groups/year-2-children/year-2-history-day-october-2023/>

### The Year So Far in Reception

The children have been settling into their new school over the last few weeks and have been busy exploring their new classrooms and outdoor spaces, including Ted's Den. They have been playing games to get to know their new

classmates and learn their names. The children have started their phonics and maths lessons and have been enjoying

learning lots of new things. They have explored the areas in the classroom including the creative table, home corner

and fine motor area (Twiddle Table.) Our topic has been 'Ourselves' and the children have spent time telling the class

about themselves including what pets they have/would like and their favourite things to do. All the adults are very

proud of how well they have settled and everything they have achieved in their first half term at school.

For a full report and photos, check out the website here:

<https://www.toftwoodfederation.co.uk/year-groups/reception/autumn-1-in-reception-2023/>

### Koala Klubs

Koala Klubs is a specialist national Multi Activity school holiday camp provider and we have been chosen by Norwich Council to be a key partner in the Holiday and Food Activities offer across the city of Norwich

As part of their offer, they will be offering activities at Dereham Leisure centre for 5 days over the

October Half term.

For further information please email [leigh@koalaklubs.net](mailto:leigh@koalaklubs.net)



**Koala Klubs multi activity  
Camps**

**OCTOBER HALF TERM**



**Dereham leisure centre**

## Halloween Disco



## Taster Sessions at The Garage

A message from The Garage

'This autumn we are delighted to be able to offer free taster vouchers for our My First and Pre School Classes (for ages 2-4) at The Garage. Classes are in Music & Movement, Theatre, Ballet and Music. Our sessions are relaxed, inclusive and creative, helping to develop skills in communication, movement and self expression. They take place weekly in our dance studios, using lots of props and music, and are led by experienced early years facilitators. To claim their free class they would simply quote the voucher code when booking over the phone 01603 283382. The voucher can be used to try one class on the programme. Full details of classes can be found on our website: [thegarage.org.uk/classes](http://thegarage.org.uk/classes) '



thegarage.org.uk

### TRY A CLASS AT THE GARAGE!

The My First classes at The Garage for ages 2-3 are a wonderful way to explore creativity, imaginative play and to share something fun together.





## FREE

TASTER

CALL US AND QUOTE THE CODE  
**MYFIRST23**



thegarage.org.uk

### TRY A CLASS AT THE GARAGE!

Our pre-school classes for ages 3-4 offer a fun and accessible introduction to dance and theatre and are a brilliant way to develop confidence and creative expression.





## FREE

TASTER

CALL US AND QUOTE THE CODE  
**PRESCHOOL23**

Take a look at our My First classes by heading to [thegarage.org.uk/classes](http://thegarage.org.uk/classes)  
Call us on 01603 283382

Take a look at our pre-school classes by heading to [thegarage.org.uk/classes](http://thegarage.org.uk/classes)  
Call us on 01603 283382

Free taster code is valid until 01/12/2023. One taster per participant.

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